

Individual Records

MOST INTERCEPTIONS IN A SINGLE GAME
ED LAVERTY & DAVE SMITH (5)

MOST INTERCEPTIONS IN A SINGLE SEASON
BRIAN PALLECK (23) DAN KELLY'S 1975

MOST INTERCEPTION TITLES
BRIAN PALLECK (4) SPORTSHOE

ALL TIME LEADING INTERCEPTOR
BRYAN HUGHES (152) SILVER BULLETS

ALL-TIME LEADING RUSHER
PAT STERLING (209) SPORTSHOE

MOST SACKS IN A SINGLE GAME
TRACY KING & TOM JEDEMAN (8)

MOST SACKS IN A SINGLE SEASON
TOM JEDEMAN (38) SPORTSHOE

MOST RUSHING TITLES
J.P CHARTRAND (6) REDSTORM

MOST CONSECUTIVE RUSHING TITLES
J.P CHARTRAND (4) REDSTORM

ONLY PLAYER TO WIN BOTH THE SCORING AND INTERCEPTION
TITLE IN THE SAME SEASON (1972)
ED LAVERTY (140 PTS / 22 INTS)

FASTEST MAN TO REACH 1000 POINTS
9 YRS (1988-1996)
PAT O'BYRNE

FASTEST MAN TO REACH 100 INTERCEPTIONS
9 YRS (1973-1981)
BRIAN PALLECK

FASTEST MAN TO REACH 150 SACKSS
9 YRS (1989-1997)
JP CHARTRAND

OLDEST ACTIVE PLAYER IN THE SENIOR DIVISION
ED LAVERTY - 64

MOST CONSECUTIVE SEASONS PLAYED IN THE SENIOR DIVISION
BRYAN HUGHES - 33

MOST SEASONS PLAYED IN THE SENIOR DIVISION
ED LAVERTY -40

HIGHEST SINGLE SEASON SCORER (1984)
17 GAME SEASON (15.5POINTS PER GAME)
BOB JARRETT FITZSIMMONS BOMBERS (264)

MOST SCORING TITLES
BILL POTTER - SKEMERS - 4

ALL TIME LEADING SCORER IN THE SENIOR DIVISION
BRYAN HUGHES - 2193

MOST CONSECUTIVE AWARD TITLES
SPORTSMAN 5 ANTHONY CONSTANTINI

MOST INDIVIDUAL AWARDS 14
BARRY HUGHES
LEO BENVENUTTI

MOST MVP TITLES
ACC ARGOS 10 BARRY HUGHES

MOST TOP DEFENSE AWARDS
BYTOWN BREWERS 4 JOHN DENK

MOST TOP OFFENSE AWARDS
3 OTTAWA NEPEAN CANADIANS, LEO BENVENUTTI

MOST INDIVIDUAL AWARDS IN A SINGLE SEASON
3 LEO BENVENUTTI, ONC, (1996) MVP, TOP OFFENSE, TOP DEFENSE
3 DEREK MANNING, L.T. BULLS (2003) MVP, TOP SCORER, TOP INT (tied)
3 BINO CESARIO MAGELLAN MUSTANGS (2005) MVP, TOP OFFENSE, TOP SCORER

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