



ONTFL Youth Touch Football!!

What is ONTFL Youth Touch football?

The Youth Football League is a division of the Ottawa Nepean Touch Football League and has been in existence for over 9 years. The intent of the Youth League is to provide a developmental program for boys and girls aged 9 – 14 years. The focus is on skills and sportsmanship, a great start for any aspiring athlete.

Many of the players from Youth Football have moved on to play in the men's, women's and Co-ed divisions of the ONTFL, also competing in national events.

When does it start?

The Youth Touch Football League commences Saturday 11th 2010 September and ends the first week of November (10 games), cumulating with a playoff(s) day and ending with pizza and prizes afterwards!

On Saturday September 11th we will have skills assessment (10:00 am start) to determine players level and will assist in team selections. First game will be Saturday September 18th at 10:00am. Which includes a one hour practice with the coaches followed by a league game at 11:00am.

Go to the www.ONTFL.com to register your son or daughter. On September the 13th we'll post player assigned teams as well as the league schedule.

What equipment and cost are involved?

The players are required to have sports cleats (no metal cleats) and mouth guards. Team shirts are provided.

Cost is \$75.00 per player which includes year end of the year pizza and prizes party.

Who to Contact?

Ron Albert is the ONTFL Youth Football co-ordinator. But we recommend that registration and any information required that you access the www.ONTFL.com website.

Ron Albert

Rona@magma.ca

613-292-6078

